

**Redondo Beach to Long Beach & Back
Plus a PV Loop, 1,650 Elevation Gain**

Right	Catalina	0.0
Right	Diamond	0.1
Right	Del Amo	0.6
	(Turns Right into Maple)	3.1
Left	W Carson St	4.4
Left	S Vermont	6.5
Right	Del Amo Blvd	7.7
	Under Harbor Fwy 110	8.2
	Over San Diego Fwy 405	9.0
	CAUTION: Rail Road Tracks	10.6
	CAUTION: Rail Road Tracks	10.7
	Over Alameda Corridor Trains	11.7
	CAUTION: RR Tracks & Rough Road	12.1
	Under Long Beach Fwy	12.0
	Cross over river bed	12.4
Right	River Bed Bike Trail	12.5
Left	Follow Bike Path	18.9
Left	Catalina Boat Terminal (bathroom stop)	19.2
Right	Follow Bike Path	19.8
Right	Del Amo (go under Del Amo bridge)	25.5
	Under Long Beach Fwy	25.8
	CAUTION: begin rough road	26.0
	CAUTION: Rail Road Tracks	26.5
	Over Alameda Corridor Trains	26.9
	CAUTION: Rail Road Tracks	27.0
	CAUTION: Rail Road Tracks	27.1
	Over San Diego Fwy 405	29.1
	Under Harbor Fwy 110	29.9
Left	S Vermont	30.1
Right	W 223rd St.	31.6
Left	S Western Blvd	32.4
Right	W 25th Street turns into PV Dr	42.4
Cont.	Hawthorne Blvd (rest stop)	49.0
Right	Via Montemar	50.2
Left	Via del Monte (Speed bumps)	50.7
Right	Via Ramon	53.0
Right	Via Segunda	53.3
Right	Via Campesina	53.3
Left	Palos Verdes Dr North	54.7
Right	Via Colusa	54.9
Cross	Dirt Path from PV - Torrance	54.5
Left	Calle De Arboles to	55.0
Right	Paseo De Los Reyes	55.5
Left	Via Anita	55.6
Left	Calle Mayor	55.7
Right	Camino de Encanto	55.9
Left	Calle Miramar	56.3
Turns	into Esplanade	56.6
Right	Knob Hill Ave	57.0
Left	S Broadway	57.4
Left	Emerald	56.6
Right	Catalina Ave	57.0
Right	Catalina Coffee Café	57.0

Use Route Map at your Own Risk

Jim Hannon (310) 341-8701

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